

## **Worman's Mill Civic Association hosts the Arc of Frederick County**

A presentation on the programs and services of the Arc of Frederick County was given at our January meeting of the WMCA.

Unfortunately most people are not familiar with the many marvelous services that the Arc does not only in Frederick but also throughout the United States.

The Arc of Frederick County provides individually designed support services and collaborates with the community to build inclusive programs for **adults and children with developmental disabilities**. It was founded by parents in 1958 because community programs for children and adults with disabilities did not exist. The Arc continues to provide advocacy efforts and new services for families today. The Arc of Frederick County supports more than 600 disabled people each year.

### ***Programs and Services provided by The Arc include...***

- Information and Referral services for anyone who contacts The Arc and needs connections to community resources.
- Residential Support for children and adults in their family's home, their own home, and to learn the skills to transition to their own home.
- Employment Support for adults and transitioning students to locate careers based on their passions, talents and personal interest.
- Job Training Programs for people to learn skills to locate jobs in the Baking, Catering, and Janitorial workforce.
- Day Program Services for people to choose meaningful ways to be included in their communities while maintaining and learning new skills.
- Sibling Support including workshops for brothers and sisters of children and adults with developmental disabilities.
- Support groups for self-advocates and for families.
- Parent's Day Out respite for children and their siblings.

Presentations were made at the meeting by Shauna Mulcahy, Director of Arc Community Engagement and Becky Smock, Arc Community Outreach Coordinator.

Pictured are (left to right), Shauna Mulcahy, Becky Smock, and Civic Association Board member, Diane Derr

